




Walkwood

Church of England  Middle School

epraise

Home learning Spring term 2021



At school we are working hard to provide you with learning that you can access at home over the coming weeks. You can expect learning that follows the curriculum that you have been studying in school. Your home learning will follow the same format shown in **Help Sheet 1**.

These will be packed full of activities for you to engage with every subject.

Your teachers will:

- set tasks for you to complete in all your different subjects;
- provide you with regular feedback through ePraise;
- invite to weekly tutor time (invitations sent through email/ePraise);
- be available during the week in case you need some help;
- award points for home learning completed.

As home learners you will:

- complete tasks set for you on ePraise in your different subjects;
- upload completed work on time;
- accept and attend weekly tutor time if you can get online at the set time. Invitations will be sent on ePraise. We know not everyone can attend, but if you can please see **Help Sheet 5** for Microsoft Teams guide and etiquette;
- work as hard as you can and take pride in what you do;
- do your work in chunks and give yourself breaks between, just like at school;
- establish a routine with your parents/carers that works for you and your family (see **Help Sheet 2** for a possible timetable);
- try and do some reading each day;
- need to take time for self-care and personal well-being.



If I get stuck, will a teacher help?

Should you get to a point where you cannot continue with a piece of work because you need some help, put that work to one side. There is no point worrying about something that you cannot do! Go to another home learning task that you can get on with.

You can email your teacher to ask for some advice. **Help Sheet 5** shows you how to do this if you have forgotten. Please be aware that teachers are working with pupils in school as well as managing home learning. They will get back to you when they are able to.

How can I send my work to my teacher?

You can do this through ePraise. **Help Sheet 4** shows you how.

Do I need to be as careful with spelling as I would in school?

Yes, please! If you are using Word, Publisher or PowerPoint, then the squiggly red line will show you words that need correcting. Right click to get the possible words.

You can also right click on most words to provide a synonym. Go on, discover new words.

Fruits of Faith don't apply at home, right?





You are a Walkwood pupil, so the Fruits of Faith are still important. These will be part of each home learning task too.

f	friendliness	We treat others as we would want to be treated.
	forgiveness	We accept an apology from someone, and offer one freely.
a	aspiration	We look to be our very best and make the most of life.
	achievement	We always try our best, so we can make the most of opportunities.
i	inquisitiveness	We think freely and in new ways, and explore new ideas.
	inclusiveness	We include other people, loving them even if we find liking them hard.
t	tolerance	We accept the ideas and beliefs of others, even if they are not our own.
	thankfulness	We give thanks for each other, and for what we learn together.
h	honesty	We tell the truth clearly and we are true to ourselves.
	honour	We show respect to others and know that all people are God's creation.



Help Sheet 1

Home learning sheet for all subjects

	Subject:			Year group:	
	Topic:				
	Objective(s):				
	For fortnight beginning:		Link to curriculum:		
Fruit of Faith:		because			
Superhero:		when			
Silver standard  (1 Epraise point)	(Remember to note the points you will be awarded for each task)				
success					
Gold standard  (2 Epraise points)					
success					
Star challenge  (3 Epraise point)	(Remember to always challenge yourself and gain as many points as possible)				
success					



Help Sheet 2

Possible weekly timetable

	Monday	Tuesday	Wednesday	Thursday	Friday
09.00 – 09.40	English	Maths	English	Maths	English
Break					
09.50 – 10.30	Science	Humanities	Science	Humanities	Science
Break					
10.40 – 11.20	Humanities	SSE	Choice	SSE	Humanities
Break					
11.30 – 12.10	Choice	Choice	SSE	Choice	Choice
Lunch					
13.00 – 13.40	Maths	English	Maths	English	Maths
Break					
13.50 – 14.30	SSE	Reading	Choice	Reading	Choice
14.30 – 14.50	Reading	Choice	Reading	Choice	Reading



A blank version to match what is possible in your home:

	Monday	Tuesday	Wednesday	Thursday	Friday
Break					
Break					
Break					
Lunch					
Break					



Help Sheet 3

Fruits of Faith challenge

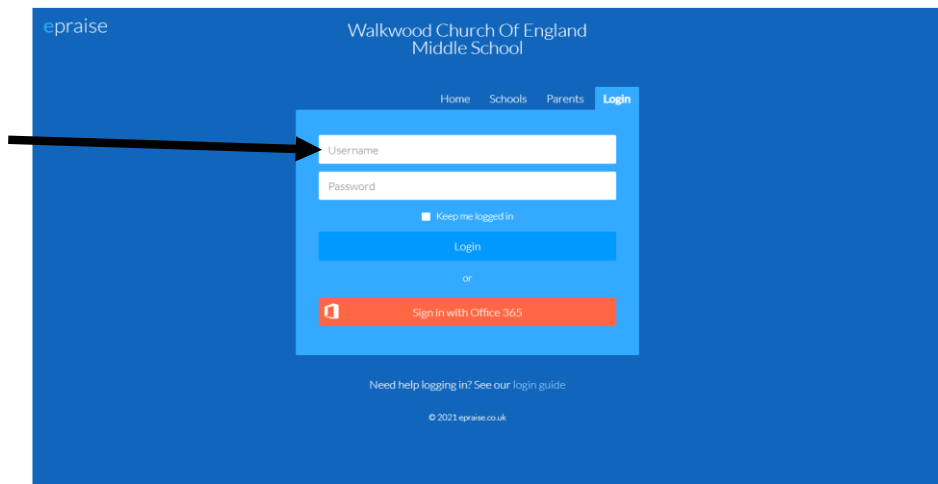
<p>Friendliness We treat others as we would want to be treated.</p> <p>Do a kind act for someone else to help to brighten their day. Perhaps you could make a class playlist with everyone choosing an uplifting song so everyone can play it whilst they work.</p> 	<p>Forgiveness We accept an apology from someone, and offer one freely.</p> <p>Be gentle with yourself when you make mistakes. Do you need to make an apology? Sorry can go a long way.</p>	<p>Aspiration We look to be our very best and make the most of life.</p> <p>Can you teach yourself something new? Decide on a language for the day and learn the words for hello, thank you and any others you want to know.</p>	<p>Achievement We always try our best, so we can make the most of opportunities.</p> <p>Can you create a celebration cup? What have you achieved that you are proud of? E.g. being brave, finding ways to relax, learning who you can lean on for support.</p> 
<p>Inquisitiveness We think freely and in new ways, and explore new ideas.</p> <p>Take five minutes to sit still and just breathe.</p> <p>What ideas come to your mind?</p> <p>Think about new stuff you have come across within your home learning.</p>	<p>Inclusiveness We include other people, loving them even if we find liking them hard.</p> <p>Keep in touch with someone you can't see face to face. Use whatever technology you have available to connect with people you care about.</p> 	<p>Tolerance We accept the ideas and beliefs of others, even if they are not our own.</p> <p>Ask other people about things they've enjoyed recently</p>	<p>Thankfulness We give thanks for each other, and for what we learn together.</p> <p>Can you make someone a thank you card to explain why you are grateful? Maybe a poster to thank delivery drivers or NHS workers?</p>  <p>GRATITUDE</p>
	<p>Honesty We tell the truth clearly and we are true to ourselves.</p> <p>Explore your well-being, think about recognising emotions and developing resilience. Try watching the following video and trying out some of the techniques they share or complete the activity sheets</p> <p>https://www.bbc.co.uk/teach/growth-mindset-and-wellbeing-lesson/z4g4382</p>	<p>Honour We show respect to others and know that all people are God's creation.</p> <p>Look for good in others and notice their strengths. Draw a strength 'family tree' either for your family, friends or class. Think about how these character strengths you all have can help you overcome challenges together.</p> 	



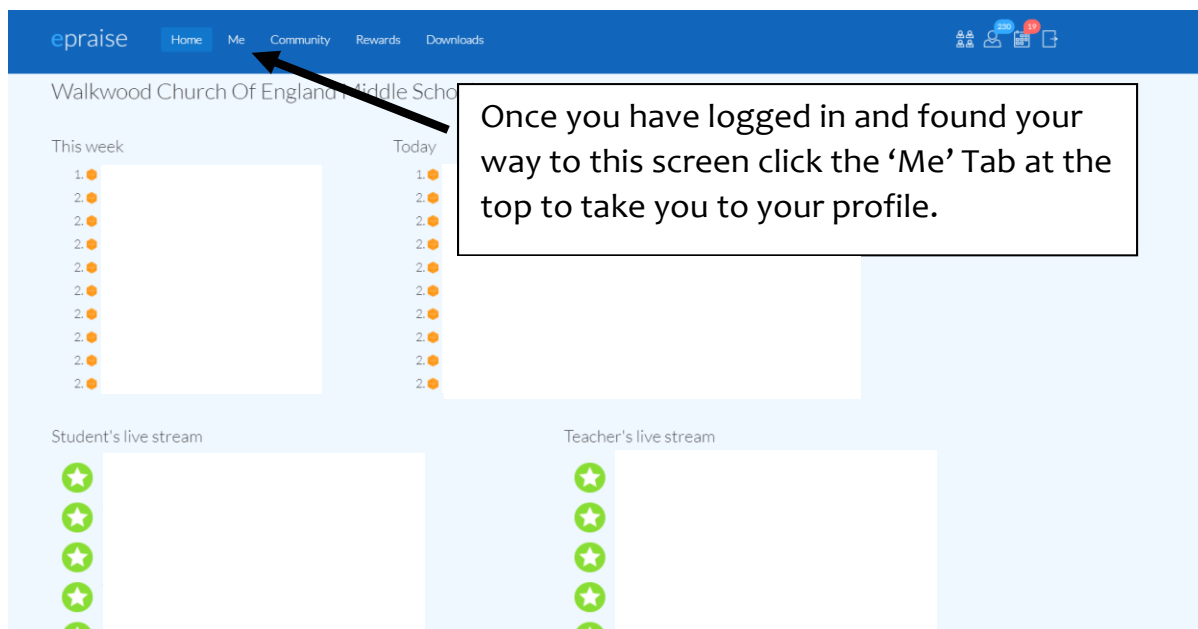
Help Sheet 4

Pupils' guide: How to use ePraise for home learning

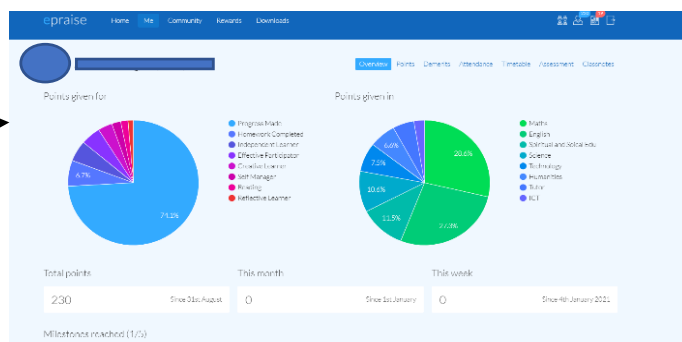
Log onto to ePraise in the usual way using your school username and password:



Accessing your home learning



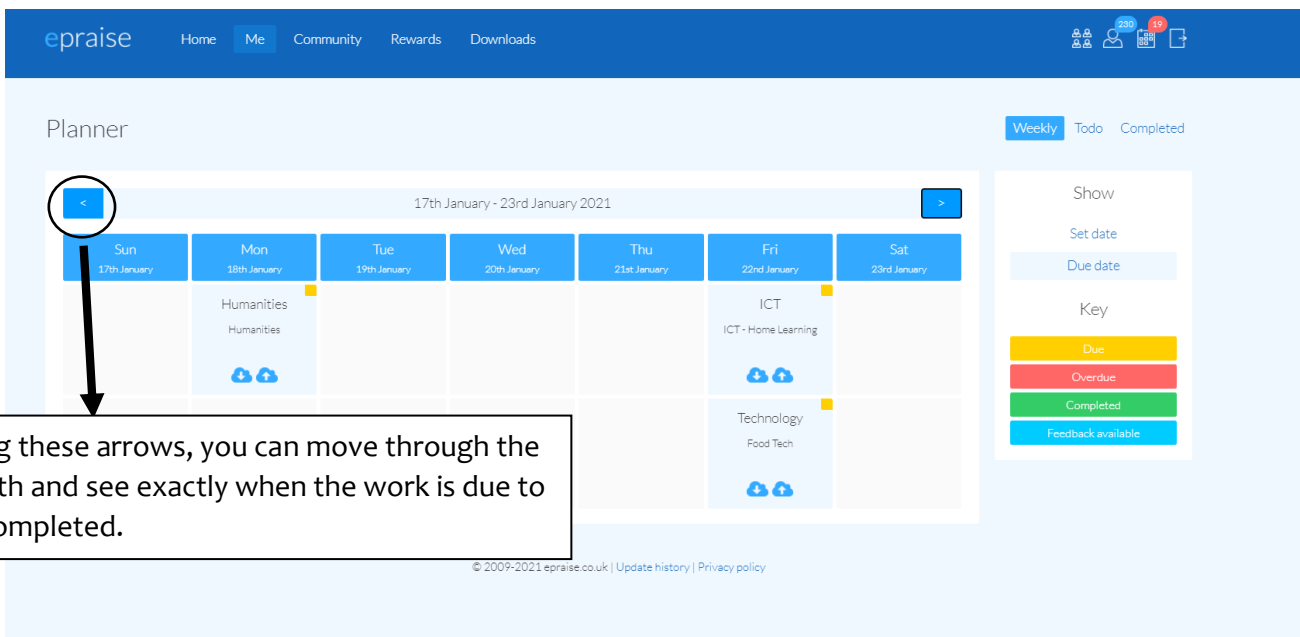
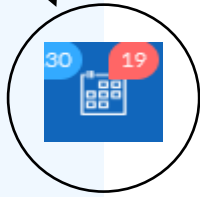
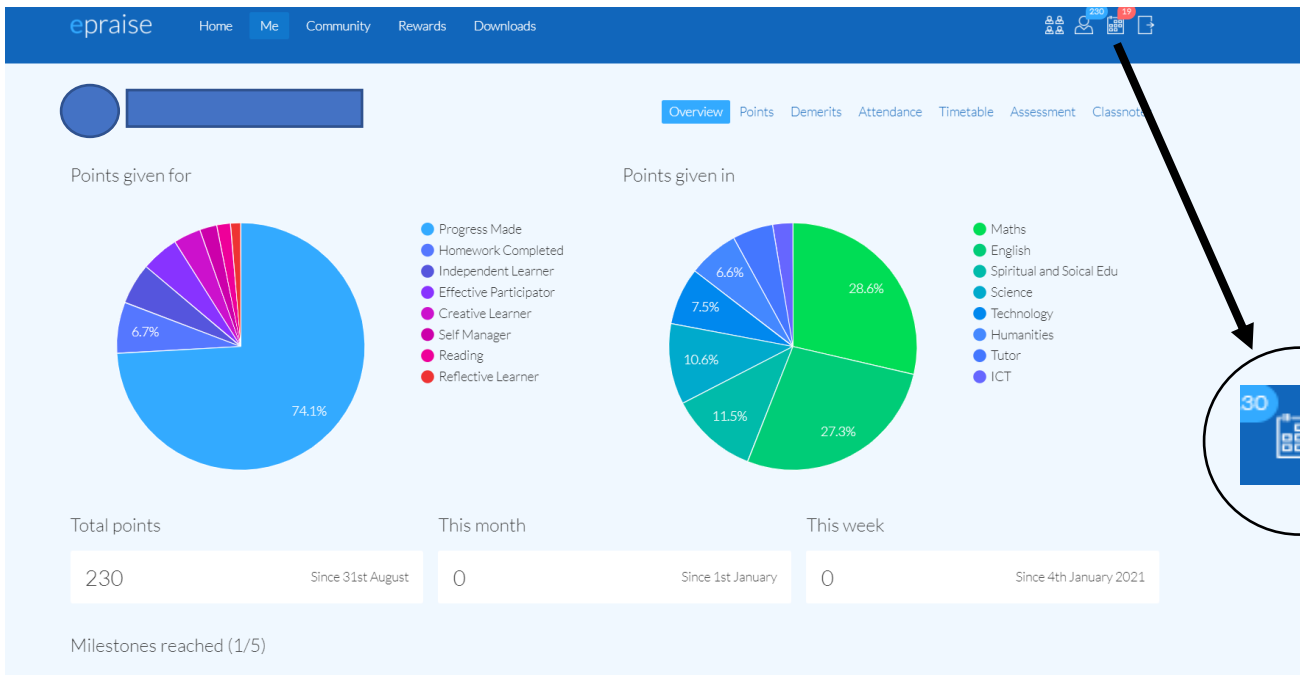
Your profile will then appear just like in the picture to the right



Once on your profile you are able to access all of your home learning quickly and easily one of two ways.



The second way of accessing your learning packs is through your 'Planner'

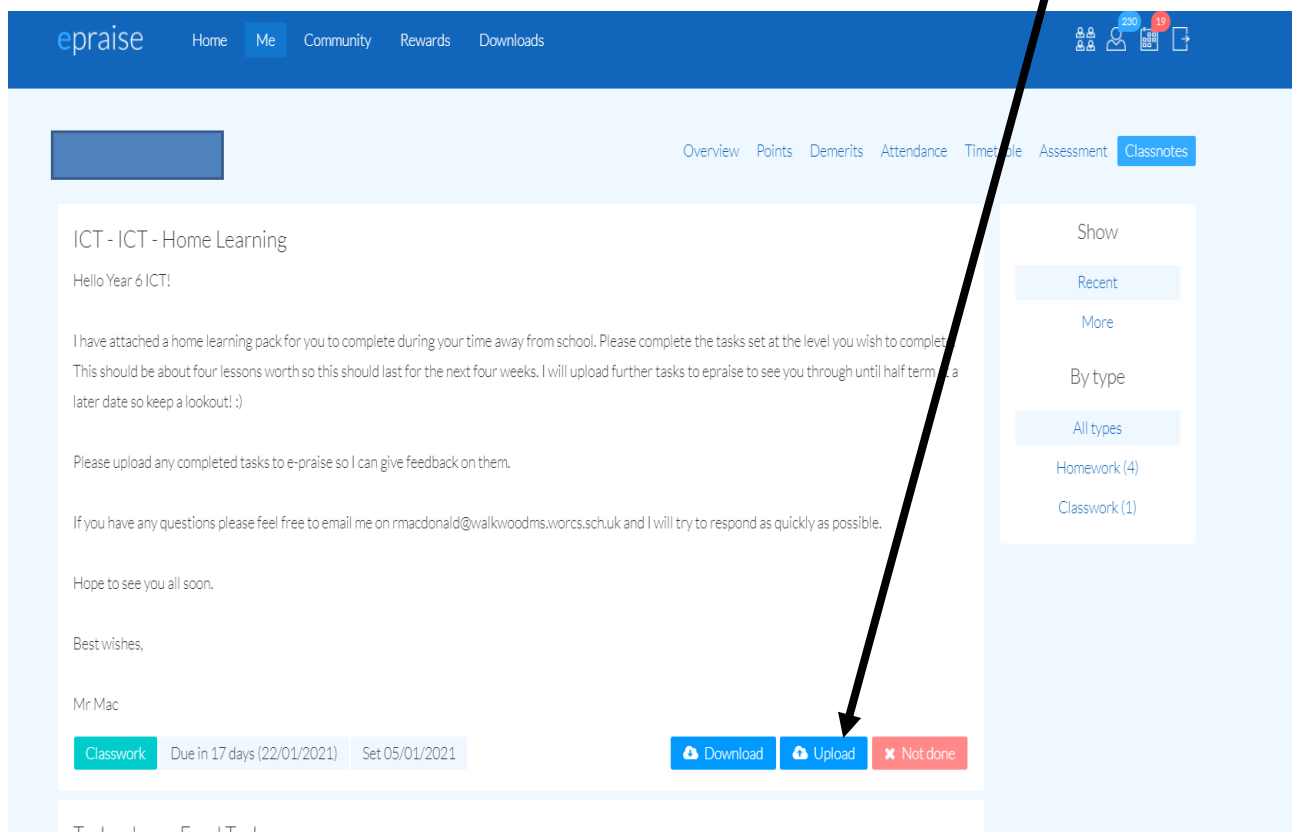


Using these arrows, you can move through the month and see exactly when the work is due to be completed.

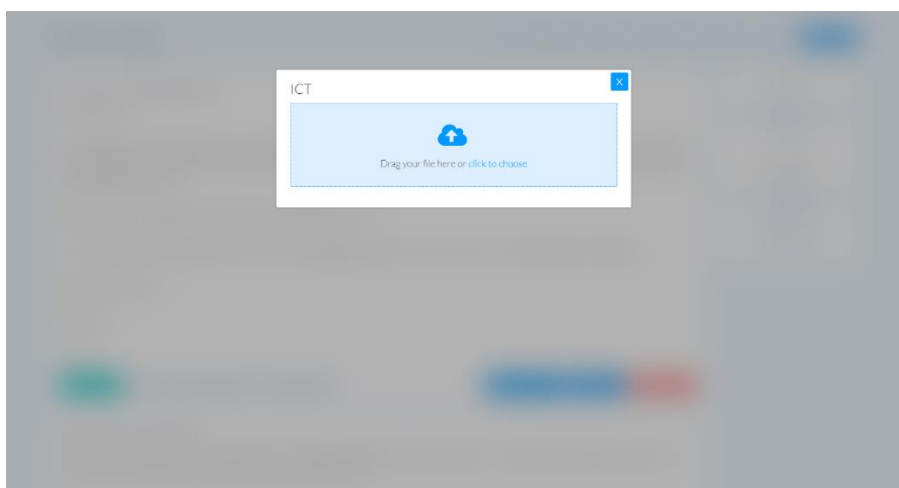


Uploading completed work to ePraise

To upload your completed work, select the upload button found in the classnotes section.



Once you have clicked this button you will see this screen...



From here all you need to do is drag and drop your completed work (file) and this will then upload and save.

Alternatively, you can click the choose file button and select the piece of work you want to upload.

Frequently Asked Questions and answers:

Why won't my file upload?

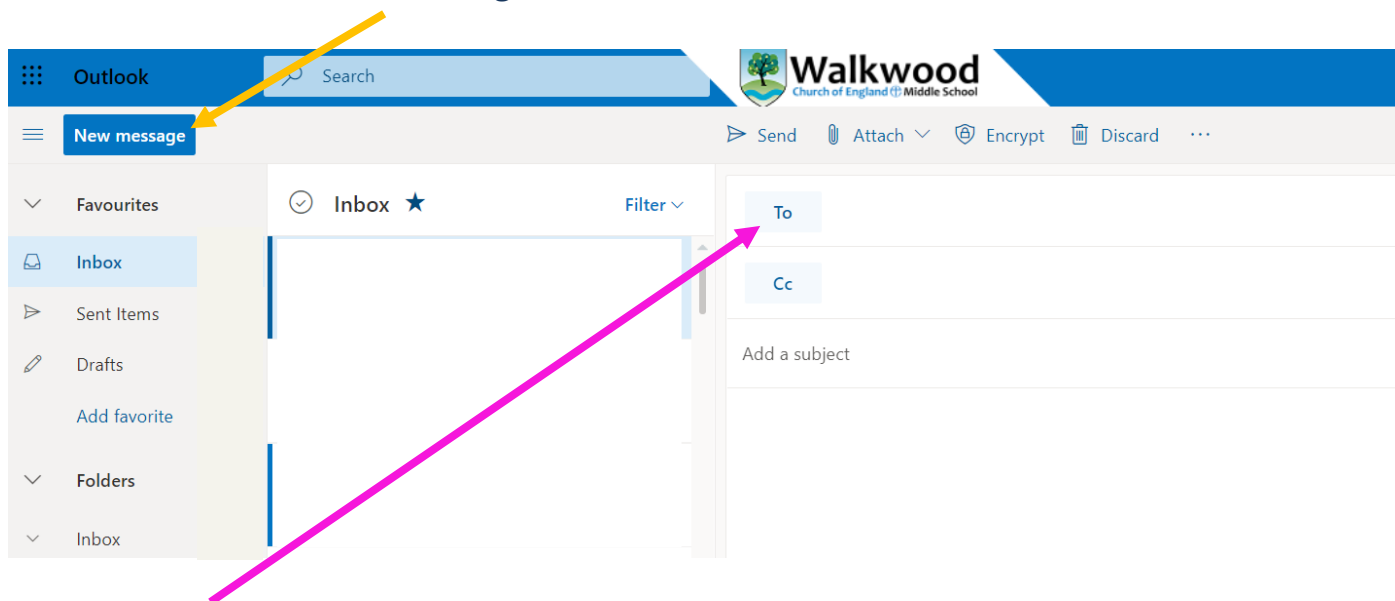
This is usually down to the type of file that you select. As long as it is an Office file, then this should be able to upload (Word, PowerPoint, Paint, Excel, Publisher)

What do I do if my file size is too big to upload?

If the file you are trying to upload is too large, then you can email your subject teacher directly.



Select **Outlook** and click **New message**



Then in the '**To**' box type in the teacher's surname – a list will appear and you can select the correct person.

What do I do if I can't access my ePraise account?

In the rare case of not being able to access your ePraise account contact:

Option 1: Lourdes IT via your parent/carer.

Option 2: Contact your form teacher through email (see above for how to do this)

What if I haven't got Office 365 at home?

Do not worry all students have access to all Microsoft Office programs via Office 365. Just log in using your school username and password as you would for ePraise. This will give you access to all programs to be used at home.

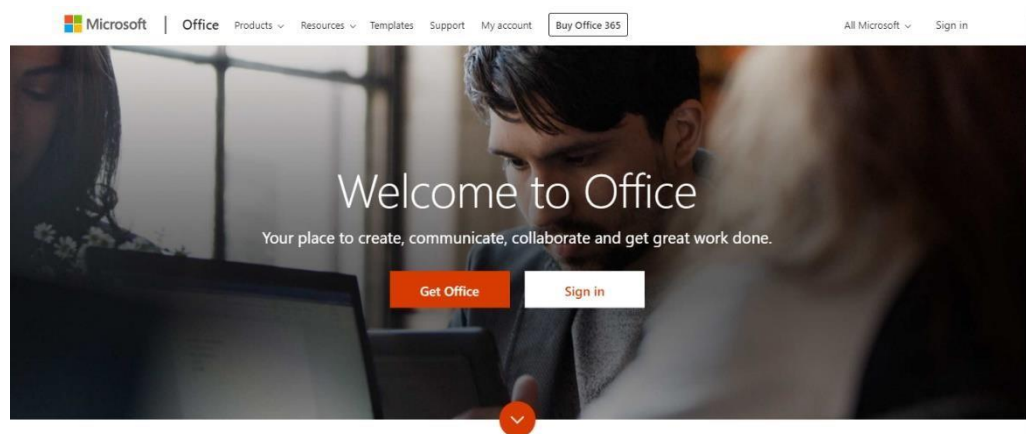


Help Sheet 5: Pupils' guide

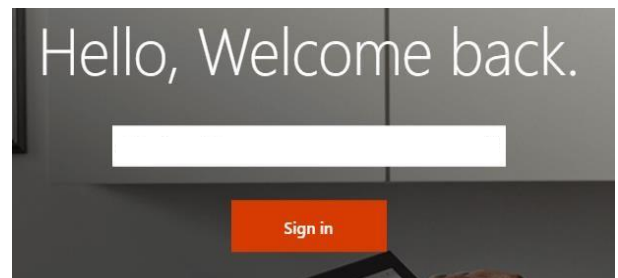
How to use Microsoft 365 & Teams etiquette

How to Login

On any web browser, e.g. Google Chrome, Internet Explorer, Safari etc, go to www.office.com

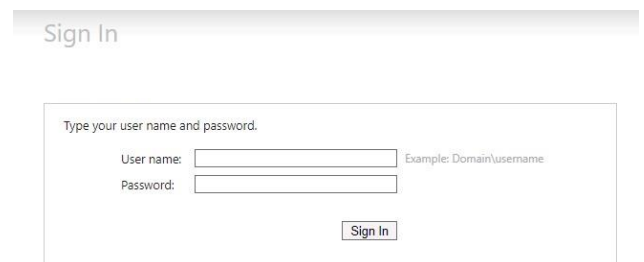


Click sign in and sign in with your full school email address which is your computer username followed by **@walkwoodms.worcs.sch.uk**

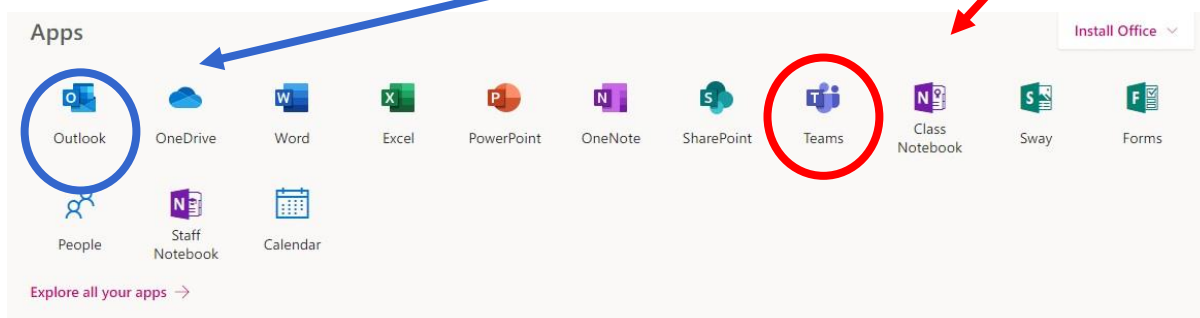


You will then be directed to the login page for our school – this is like if you are logging into a computer in school, so your username is your computer log in you would normally use and the password is the one you set at school. For example:

19akhan@walkwoodms.worcs.sch.uk (the year you started Walkwood)



Once you sign in, you will get the page below



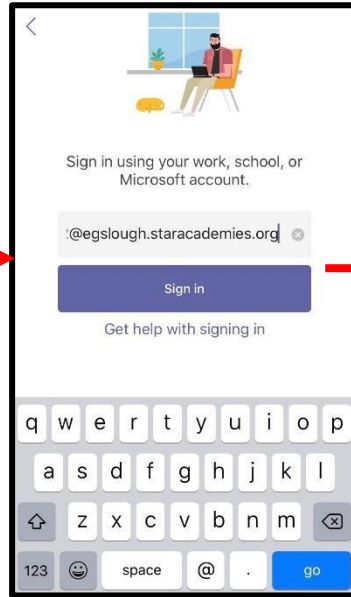
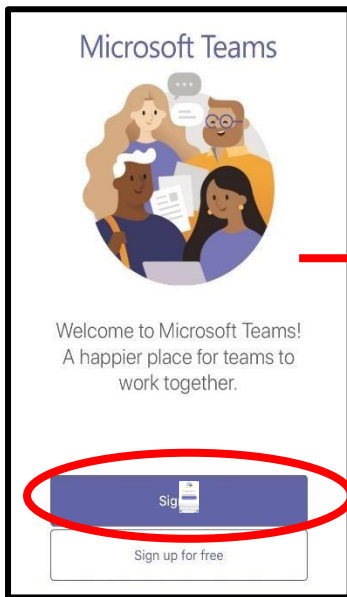
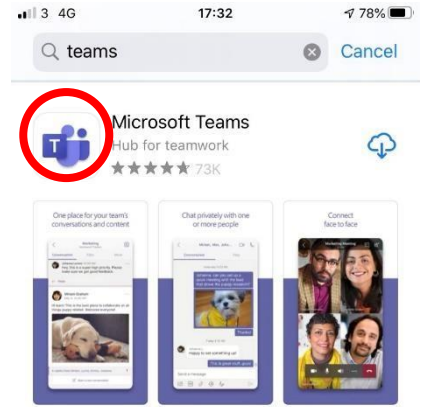
The blue circle shows the program that you use for emails. You can then email your teacher if you want some information or advice.

The red circle shows the icon for Teams. You should now see all the Teams that we have set up for you at school. The link for a Teams meeting will also be available within ePraise.

Downloading the Teams App



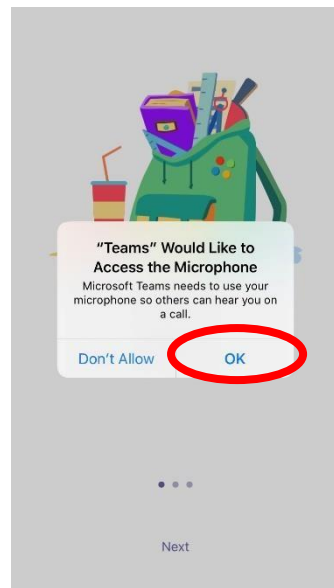
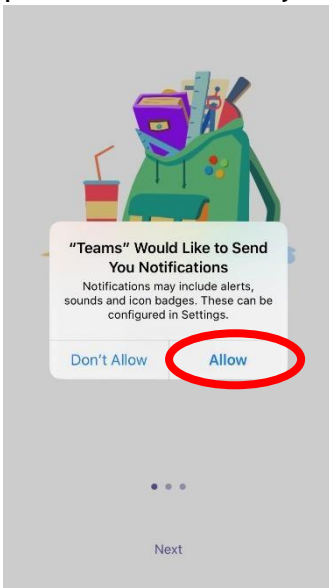
The Microsoft Teams app is available for free on the App Store (iPad and iPhone) or Google Play store (Android tablets and phones). Search for Teams and look for the purple Teams icon circled in red and download. Once it is downloaded, open the app and log in.



Sign in with your school email address and password for example:

19kjones@walkwoodms.worcs.sch.uk (the year you started Walkwood)

You will then be directed to the login page for the school – this is like if you are logging into a computer in school, so your username is your computer log in you would normally use at school and the password is the one you set at school.



Turn on notifications for Teams so that you get an instant notification when your teacher has invited you to a tutor chat or subject drop in clinic.



Username in Office 365

For Office 365 and Teams, you will log in with your school email address. This is usual a two digit number (the year you joined Walkwood Church of England Middle School) followed by your first initial and full surname, without spaces. The first part of the email address is exactly the same as the username you log into the school computers, followed by @walkwoodms.worcs.sch.uk

Compulsory Teams Etiquette

The word 'etiquette' means behaving in a socially acceptable way, or code of polite behaviour among members of a particular group. In Walkwood, this means applying the Fruits of Faith in online conversations.



When you are joining an online tutor time the following etiquette must be followed:

- Make sure that you are in a quiet, safe environment, free from distractions. Ideally, this should not be your bedroom.
- Make sure that you are dressed appropriately in clothes that would be suitable for a school non-uniform day – please ensure that you are not wearing anything which would cause you or others embarrassment or offence. Make sure that there is nothing in the background which might cause embarrassment or offence.
- You should let the rest of your household know when you will need access to the computer / device and will be involved in a “live” session.
- Just like in the classroom, it is rude to talk at the same time as the teacher. So, keep your microphone on mute unless you want to ask a question or say something. When you have got permission to speak, say what you want to say, and then mute your microphone again.
- You do not have to turn your camera on. Most pupils prefer to leave the camera on, but if you want to switch it off, you can.
- Interact with your teacher and other pupils respectfully and sensibly. Always use appropriate language.
- You must not record or take photos of teachers or pupils during Teams sessions.
- Be aware that, like with all Office 365 applications, anything posted on Teams can be accessed by school. You should not share personal information or make personal comments about other people.

If you do not follow these rules which have been designed to keep you safe online, we will contact home and there will no longer be invites to any online sessions.



Help Sheet 6

IMPORTANT: Online Safety



SHARE

RESPONSIBLY

We all love to share photographs, fun things we're doing and much more.

Be careful what you share and always ask permission if somebody else is in the photo or video.



MANAGE

your PRIVACY

If you're using apps that can communicate with others, turn on privacy.

Only let people you really know follow you unless you've asked permission from your parents.



ASK

for HELP

Don't ever be worried about asking for help from someone you trust.

You will NOT be judged.



RESPECT

OTHERS

Be kind.

Other people may have different opinions from you.

That's okay, but if they become abusive, take screenshots, block and report and tell an adult.



THINK

CRITICALLY

TRUST

your INSTINCT

Is it true?
Does that person really know me?
Has that really happened?

Always question!



Help Sheet 7

Useful websites for further support during lockdown

Web address	Content
www.actionforhappiness.org	Website about happiness and different games to play, poems to read and quotes.
https://www.headspace.com/meditation/kids	Examples of ways to meditate and the benefits of this when feeling anxious.
https://www.bbcgoodfood.com/howto/guide/10-mindfulness-exercises-kids	Information about good food and exercise.
https://young.scot/get-informed/north-lanarkshire/50-things-to-do-while-in-lockdown	List of fun extra-curricular things to do in lockdown.
https://www.woodlandtrust.org.uk/blog/2021/01/lockdown-activities-kids-winter/	Exploring the outdoors while in lockdown.

